James Sprunt Community College Fall 2014
Continuing Education Classes
* Pre-Registration is required for all classes.
Contact Number: (910)296-2461
(Textbook cost are not included in fees)

Baking from Scratch/Cake
$41.50
09/08-10/8 6:00pm-9:00pm Monday & Wednesday
10/21-11/25 6:00pm-9:00pm Tuesday & Thursday

There's nothing like a homemade cake, especially when it is made from fresh, natural ingredients. This class provides hands on instructions, using tips and techniques to make baking from scratch fun and exciting. Recipes will be shared and encouraged to make at home after testing in class. Students will learn to bake several different cakes and bake goods, along with learning to make buttercream icing. Some basic decorating tips will also be shared.

Barber Training - Part I
$281.50 + Books + Cost of Kit required hours met
08/21-12/17 8:00am-4:15pm Monday-Thursday
08/21-12/17 4:30pm-10:30pm Monday-Thursday

This class is the first of 3 classes required to complete Barber Training in order for sit for the NC Barbering Exam for your apprentice license. Areas covered include but are not limited to the introduction to barbering along with personal and professional hygiene and it’s relation to barbering along with hair and scalp analysis. Learners will obtain knowledge of the blood spill procedure and licensing laws to aid in students and guests safety. The cost for each class will vary slightly due to the barbering equipment the student must purchase. This class and the subsequent 2 classes are VA approved. There are certain prerequisites required by the state upon entry.

*Pre-Registration for classes end one week prior to class start date.*
Barber Training - Part II $181.50 + additional fees may be required
08/18-12/17  8:00am-4:15pm  Monday-Thursday
08/21-12/17  4:30pm-10:30pm  Monday-Thursday
This class provides experience in a simulated shop setting with wide-ranging focus of the science and art of barbering emphasizing facials and shaves. Further study of science includes chemical texture services and related topics. Upon completion, students should be able to safely and competently apply barbering concepts in the shop setting.

Barber Training - Part III $181.50 + additional fees may be required
08/18-12/17  8:00am-4:15pm  Monday-Thursday
08/21-12/17  4:30pm-10:30pm  Monday-Thursday
This session provides concentrated emphasis in barber business such as retailing, leadership, management, preparing for a job interview, employment, business models and state examination. It boasts actual hands on reception including actual consultation of clients and problem solving in the barber shop. Upon completion, students should be able to demonstrate an understanding of these barbering concepts and meet program completion requirements and ability to sit for the state examination.

Basic Automotive Training $181.50
08/26-12/16  7:00pm-10:00pm  Tuesday & Thursday
The course prepares individuals for an entry level position as automotive service technicians who inspect, maintain, and repair automobiles and light trucks that run on gasoline, electricity, or alternative fuels. Instruction is organized around eight core areas: brakes, electrical/electronic systems, engine performance, suspension & steering, automatic transmission & transaxle, engine repair, heating & air conditioning, and manual drive train & axles. Upon completion, students may sit for industry-recognized credentials.

Basic Computer Skills Boot Camp $125.00
08/04-08/28  1:00pm-4:00pm  Mon-Thurs
This course introduces computer concepts, including fundamental functions and operations of the computer. Topics include identification of hardware components, basic computer operations, security issues, setting up email addresses, surfing the web, using the internet and use of software applications. Upon completion, students should be able to demonstrate an understanding of the role and function of computers and use the computer to solve problems.

*Pre-Registration for classes end one week prior to class start date.*
Belly Dance $46.50  
09/02-10-14  5:30pm-6:30pm  Tuesday  
10/21-12-02  5:30pm-6:30pm  Tuesday  
This class gives you the understanding of basic belly dance technique, posturing, language, move execution and it helps you to build necessary strength. Slide, sway, shimmy and sweat in this core-intensive, creative and fun introduction to Belly Dance! This class is designed to build strength, balance, flexibility, endurance, muscular control and whole body awareness while breaking down basic belly dance movements, drills, shimmies, percussive hip work, core strengthening exercises and dance combinations. Belly Dancing is appropriate for all levels of students from beginner to professional. Please wear comfortable clothing that allows for ease of movement.

Christmas/New Year’s Clinic $41.50  
12/06-12/13  9:00am-3:00pm  Saturday  
This class gives ideas for holiday themed festive meals, baked goods, as well as décor tips. Whether you’re preparing for a large group or a few close friends and relatives. Class will assist you in having a wonderful and well put together event.

Effective Teacher Training $71.50  
08/04-08/27  6:00pm-9:00pm  Monday & Wednesday  
09/06-09/27  9:00am-3:00pm  Saturday  
10/06-10/29  6:00pm-9:00pm  Monday & Wednesday  
11/01-11/29  9:00am-3:00pm  Saturday  
12/01-12-11  6:00pm-9:00pm  Monday-Thursday  
This course provides specialized training using an experienced-based approach to learning. Topics include instructional preparation and presentation, student interaction, time management, learning expectations, evaluation, and curriculum principles and planning.

Fitness for Seniors $46.50  
08/18-12/15  8:00am-9:00am  Mon. Wed. & Thurs.  
Our Fitness for Seniors program offers daily NEVER 2 LATE classes that are designed for individuals 60 years of age and older, new to fitness, returning from an injury, beginning an exercise program, or who simply need, or want, a lighter approach to exercise.

*Pre-Registration for classes end one week prior to class start date.*
Floral Design $41.50
10/20-11/10 9:00am-1:00pm Monday & Wednesday
11/11-12/04 6:00pm-9:00pm Tuesday & Thursday
Geared for beginners, but a good refresher course as well, you will learn how to sharpen your skills and learn new techniques and the inventive use of new products and materials in this basic course. Some of the topics covered will include the basic principles and elements of artistic floral design that include color coordination, design construction technique, floral design nomenclature, and pricing. Constructing geometric designs, corsages, container selection, and the proper use and maintenance of the tools of the trade will also be discussed.

Introduction to Healthcare Careers $180.00
10/06-10-29 8:00am-12:00noon Monday-Thursday
10/06-10/29 6:00pm-10:00pm
This course provides employability skills training for unemployed and underemployed adults. The curriculum framework is based on a specific occupation and includes one or more of the following topics: 1) career exploration, 2) entry-level competency awareness, 3) employability skills [soft skills], 4) job search strategies and 5) college-readiness skills. This course must be linked to an occupational course or a career pathways program at the college.

Joy of Painting $41.50
09/08-10/20 6:00pm-9:00pm Monday
11/03-12/15
This is an introductory class that covers basic painting techniques with an emphasis on classic and contemporary applications of oil and acrylic media. Topics include the use of composition, color, texture, form and value through still life, landscape, portrait, figure and old masters reproduction.

NC Vehicle Safety and Inspection $71.50
09/08-09/10 6:30pm-10:30pm Monday & Wednesday
11/03-11/05 6:30pm-10:30pm Monday & Wednesday
This course is designed to meet the training and licensing requirements (initial and/or renewal) for the Vehicle Safety and On-Board Diagnostic (OBD) Emissions Inspection Program administered by the NC Division of Motor Vehicles, License and Theft Bureau. Upon completion, a student will understand the rules, regulations and procedures for conducting a vehicle safety and OBD emissions inspection; be able to inspect a vehicle properly; and be prepared to sit for the state certification exam.

*Pre-Registration for classes end one week prior to class start date.*
Pre-Registration for classes end one week prior to class start date.

Notary Public  
09/13-09/13  9:00pm-4:30pm  Saturday  
09/22-09/24  6:00pm-9:30pm  Monday & Wednesday  
11/03-11/05  6:00pm-9:30pm  Monday & Wednesday  
12/01-12/03  6:00pm-9:30pm  Monday & Wednesday  
12/13-12/13  9:00pm-4:30pm  Saturday  
This course is designed to provide instruction to individuals who want to become commissioned as a Notary Public. Topics include legal, ethical and procedural requirements of the Notary Act. Upon completion of this course with a passing exam grade of 80%, a person is eligible to make application with the NC Secretary of State office. For more information, go to www.secretary.state.nc.us/notary.

Pharmacy Technician  
09/02-12/04  6:00pm-10:00pm  Tuesday & Thursday  
This course is designed to provide instruction in the technical procedures for preparing and dispensing drugs in the hospital and retail settings under supervision of a registered pharmacist. Topics include drug packaging and labeling, out-patient dispensing, hospital dispensing procedures, controlled substance procedures, inventory control, and non-sterile compounding. Upon completion, students should be able to perform basic supervised dispensing techniques in a variety of pharmacy settings.

Physical Conditioning  
08/18-12/15  4:00pm-5:00pm  Mon. Wed. & Thurs  
5:10pm-6:10pm  
6:15pm-7:15pm  
Fitness and Wellness offers a variety of fitness and physical conditioning classes that are designed to advance the overall health of the student. Emphasis is placed on learning appropriate exercise techniques as well as general wellness principles. Some courses include in the Fitness/Physical Conditioning program are total fitness, yoga, body flexibility, and adult lifestyles exercise.

Powder Puff Auto Mechanics  
10/11-10/18  9:00am-3:30pm  Saturday  
Mechanics training for women covers the basic aspect of motor mechanics in a fun "female only" environment. Join a fun, not intimidating, educational class and learn the basic of auto mechanics.
Salon Safety and Infection  $71.50  
09/14-09/14  1:00pm-5:00pm  Sunday  
11/09-11/09  1:00pm-5:00pm  Sunday  
This course covers the subjects that deal with proper sterilization to protect both you and the public. The subjects discussed in this course are sanitation and sterilization, of the different types of infectious agents. It defines what bacteria are and reviews the different types of bacteria. The course outlines the growth and reproduction of bacteria and how bacteria cause infection. Attention is given to how a person can be a carrier of disease, how to sterilize implements, procedures for sterilizing manicure implements, and the different ways to sterilize with chemical agents. Making sure the salon is handicap accessible and ergonomically set up.

Thanksgiving Clinic  $41.50  
11/08-11/15  9:00am-3:00pm  Saturday  
This class gives ideas for holiday themed festive meals, baked goods, as well as décor tips. Whether you’re preparing for a large group or a few close friends and relatives. Class will assist you in having a wonderful and well put together event.

*Pre-Registration for classes end one week prior to class start date.*