James Sprunt Community College Spring 2015
Continuing Education Classes

*Pre-Registration is required for all classes.

Contact Number: (910)296-2461
(Textbook cost are not included in fees)

Basic Sewing

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Days</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>01/09-1/24</td>
<td>8:00am-12:00noon</td>
<td>Friday &amp; Saturday</td>
<td>$41.50</td>
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<tr>
<td>03/06-3/21</td>
<td>8:00am-12:00noon</td>
<td>Friday &amp; Saturday</td>
<td>$41.50</td>
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<tr>
<td>05/01-05/16</td>
<td>8:00am-12:00noon</td>
<td>Friday &amp; Saturday</td>
<td>$41.50</td>
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Learn to sew, basic techniques of clothing construction, sewing for the home, and creating unique gifts. Learn about fabric and pattern selection, pattern layout, construction methods, plus how to understand and safely use a sewing machine, and factors in the selection of your sewing machine.

Barber Training - Part I

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<tr>
<td>01/06-05/14</td>
<td>8:00am-4:15pm</td>
<td>Monday-Thursday</td>
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This class is the first of 3 classes required to complete Barber Training in order for sit for the NC Barbering Exam for your apprentice license. Areas covered include but are not limited to the introduction to barbering along with personal and professional hygiene and it’s relation to barbering along with hair and scalp analysis. Learners will obtain knowledge of the blood spill procedure and licensing laws to aid in students and guests safety. The cost for each class will vary slightly due to the barbering equipment the student must purchase. This class and the subsequent 2 classes are VA approved. There are certain prerequisites required by the state upon entry.

*Pre-Registration for classes end one week prior to class start date.*
Barber Training - Part II  $181.50 + additional fees may be required  
01/06-05/14  8:00am-4:15pm  Monday-Thursday  
This class provides experience in a simulated shop setting with wide-ranging focus of the science and art of barbering emphasizing facials and shaves. Further study of science includes chemical texture services and related topics. Upon completion, students should be able to safely and competently apply barbering concepts in the shop setting.

Barber Training - Part III  $181.50 + additional fees may be required  
01/06-05/14  8:00am-4:15pm  Monday-Thursday  
This session provides concentrated emphasis in barber business such as retailing, leadership, management, preparing for a job interview, employment, business models and state examination. It boasts actual hands on reception including actual consultation of clients and problem solving in the barber shop. Upon completion, students should be able to demonstrate an understanding of these barbering concepts and meet program completion requirements and ability to sit for the state examination.

Basic Automotive Training  $181.50  
01/06-04/23  7:00pm-10:00pm  Tuesday & Thursday  
The course prepares individuals for an entry level position as automotive service technicians who inspect, maintain, and repair automobiles and light trucks that run on gasoline, electricity, or alternative fuels. Instruction is organized around eight core areas: brakes, electrical/electronic systems, engine performance, suspension & steering, automatic transmission & transaxle, engine repair, heating & air conditioning, and manual drive train & axles. Upon completion, students may sit for industry-recognized credentials.

Basic Computer Skills Boot Camp  
01/05-02/02  1:00pm-4:00pm  Mon-Thurs  
01/06-02/26  6:00pm-9:00pm  Tues. & Thurs.  
03/02-04/06  9:00am-12:00noon  Mon.-Wed  (Greenevers)  
03/02-04/06  9:00am-12:00noon  Mon.-Thurs.  
This course introduces computer concepts, including fundamental functions and operations of the computer. Topics include identification of hardware components, basic computer operations, security issues, setting up email addresses, surfing the web, using the internet and use of software applications. Upon completion, students should be able to demonstrate an understanding of the role and function of computers and use the computer to solve problems.

*Pre-Registration for classes end one week prior to class start date.*
Belly Dancing

01/06-02/17  5:30pm-6:30pm  Tuesday
02/24-04/07  5:30pm-6:30pm  Tuesday
04/14-05/26  5:30pm-6:30pm  Tuesday

This class gives you the understanding of basic belly dance technique, posturing, language, move execution and it helps you to build necessary strength. Slide, sway, shimmy and sweat in this core-intensive, creative and fun introduction to Belly Dance! This class is designed to build strength, balance, flexibility, endurance, muscular control and whole body awareness while breaking down basic belly dance movements, drills, shimmies, percussive hip work, core strengthening exercises and dance combinations. Belly Dancing is appropriate for all levels of students from beginner to professional. Please wear comfortable clothing that allows for ease of movement.

Computer Skills for Employment

05/04-06/01  1:00pm-4:00pm  Mon.-Thurs.

This course is designed to provide the fundamental computer competencies you need to survive and prosper in today's fast-changing workplace. You will learn how to implement the powers of modern office software to work faster and more efficiently. We'll focus on practical application for software most common to the workplace. When you finish this course, you will have learned why employers consider technological literacy so critical to the success of any organization.

Conversational Spanish

TBA  TBA  TBA  $71.50

This dynamic and interactive Conversational Spanish program introduces participants to the basics of communicating in Spanish in either personal or professional settings. Students will practice speaking, listening, reading and writing in class. You will learn interesting facts on culture and customs, as well as tips on interacting with others from those cultures.

Effective Teacher Training

01/12-02/09  6:00pm-9:00pm  Monday & Wednesday
03/02-03/25  6:00pm-9:00pm  Monday & Wednesday
04/06-04/29  6:00pm-9:00pm  Monday & Wednesday
05/02-05/23  9:00am-3:00pm  Saturday
05/04-06/01  5:30pm-8:30pm  Monday & Wednesday

This course provides specialized training using an experienced-based approach to learning. Topics include instructional preparation and presentation, student interaction, time management, learning expectations, evaluation, and curriculum principles and planning.

*Pre-Registration for classes end one week prior to class start date.*
Electrical Contractors Renewal $71.50
03/20-03/21  8:00am-4:30pm  Friday & Saturday
This 16-hour course is designed to provide electrical professionals with updated information on the National Electrical Code and the NC Electrical Code. New materials and procedures, as well as related code requirements are reviewed. An emphasis is given to new changes in the code. Students must bring code books to class.

Fitness for Seniors $41.50
01/05-04/21  8:00am-9:00am  Mon. Wed. & Thurs.
Our Fitness for Seniors program offers daily NEVER 2 LATE classes that are designed for individuals 60 years of age and older, new to fitness, returning from an injury, beginning an exercise program, or who simply need, or want, a lighter approach to exercise.

Introduction to Industrial Maintenance Orientation
01/06-02/12  9:00am-12:00noon  TWTH
6:00pm-9:00pm  (Westpark)
02/17-03/12  6:00pm-9:00pm  TWTH
The purpose of the Certified Production Technician (CPT) program is to recognize through certification individuals who demonstrate mastery of the core competencies of manufacturing production at the front-line (entry-level through front-line supervisor) through successful completion of the certification assessments. The goal of the CPT certification program is to raise the level of performance of production workers both to assist the individuals in finding higher-wage jobs and to help employers ensure their workforce increases the company’s productivity and competitiveness.

Introduction to Healthcare Careers
01/05-01/30  8:00am-12:00noon  Monday-Thursday
6:00pm-10:00pm
03/02-03/25  8:00am-12:00noon
6:00pm-10:00pm
05/04-05/28  8:00am-12:00noon
6:00pm-10:00pm
This course provides employability skills training for unemployed and underemployed adults. The curriculum framework is based on a specific occupation and includes one or more of the following topics: 1) career exploration, 2) entry-level competency awareness, 3) employability skills soft skills, 4) job search strategies and 5) college-readiness skills. This course must be linked to an occupational course or a career pathways program at the college.

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Manicurist $181.50
01/05-04/20 5:00pm-10:00pm
This 320 hour manicuring course has been established for students who are interested in the nail care phase of cosmetology. During this course, each student will be introduced to nail structure and manicuring techniques with ample opportunity to apply this technique to clients in the clinic. Advanced training with Sculpted Nail application and maintenance, nail wrapping and application of nail tips is included in the course. This course should prepare the student to take the North Carolina State Board Examination to become a licensed manicurist.

NC Vehicle Safety and Inspection $71.50
01/05-01/07 6:30pm-10:30pm Monday & Wednesday
03/02-03/04 6:30pm-10:30pm Monday & Wednesday
05/04-05/06 6:30pm-10:30pm
This course is designed to meet the training and licensing requirements (initial and/or renewal) for the Vehicle Safety and On-Board Diagnostic (OBD) Emissions Inspection Program administered by the NC Division of Motor Vehicles, License and Theft Bureau. Upon completion, a student will understand the rules, regulations and procedures for conducting a vehicle safety and OBD emissions inspection; be able to inspect a vehicle properly; and be prepared to sit for the state certification exam.

Notary Public $71.50
01/05-01/07 6:00pm-9:00pm Monday & Wednesday
01/24-01/24 9:00am-4:00pm Saturday
02/21-02/21 9:00am-4:00pm Saturday
02/17-02/19 6:00pm-9:00pm Tuesday & Thursday
03/09-03/11 6:00pm-9:00pm Monday & Wednesday
04/04-04/04 9:00am-4:00pm Saturday
05/04-05/06 6:00pm-9:00pm Monday & Wednesday
05/16-05/16 9:00am-4:00pm Saturday
This course is designed to provide instruction to individuals who want to become commissioned as a Notary Public. Topics include legal, ethical and procedural requirements of the Notary Act. Upon completion of this course with a passing exam grade of 80%, a person is eligible to make application with the NC Secretary of State office. For more information, go to www.secretary.state.nc.us/notary.

*Pre-Registration for classes end one week prior to class start date.*
James Sprunt Community College’s allied health program is offering training for students seeking to become a nurse’s aide. The Nursing Assistant Program is designed to provide students with the hands-on training necessary to offer high-quality care to patients while working alongside other qualified health care professionals. Students training will be accomplished by lecture in the classroom and laboratory instruction. Once students are prepared through theory and practice they will receive training on-site in nursing home and/or hospital settings. Once classroom, laboratory and clinical training is successfully completed the student will be prepared to apply for and take the National Nurse Aide Assessment Program (NNAAP) and become listed on the North Carolina Nurse Aide I Registry.

Pharmacy Technician

$181.50

This course is designed to provide instruction in the technical procedures for preparing and dispensing drugs in the hospital and retail settings under supervision of a registered pharmacist. Topics include drug packaging and labeling, out-patient dispensing, hospital dispensing procedures, controlled substance procedures, inventory control, and non-sterile compounding. Upon completion, students should be able to perform basic supervised dispensing techniques in a variety of pharmacy settings.

Physical Conditioning 1, 2&3

$56.50

Fitness and Wellness offers a variety of fitness and physical conditioning classes that are designed to advance the overall health of the student. Emphasis is placed on learning appropriate exercise techniques as well as general wellness principles. Some courses include in the Fitness/Physical Conditioning program are total fitness, yoga, body flexibility, and adult lifestyles exercise.

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