James Sprunt Community College Summer 2015
Continuing Education Classes
* Pre-Registration is required for all classes.

Contact Number: (910)296-2461
(Textbook cost are not included in fees)

Barber Training -Day
05/26-08/11 8:00am-4:15pm  Monday-Thursday
$181.50 + Books + Cost of Kit

This class is the first of 3 classes required to complete Barber Training in order for sit for the NC Barbering Exam for your apprentice license. Areas covered include but are not limited to the introduction to barbering along with personal and professional hygiene and it’s relation to barbering along with hair and scalp analysis. Learners will obtain knowledge of the blood spill procedure and licensing laws to aid in students and guests safety. The cost for each class will vary slightly due to the barbering equipment the student must purchase. This class and the subsequent 2 classes are VA approved. There are certain prerequisites required by the state upon entry.

Barber Training - Evening
05/26-08/11 4:30pm-10:30pm  Monday-Thursday
$181.50 + Books + Cost of Kit

This class provides experience in a simulated shop setting with wide-ranging focus of the science and art of barbering emphasizing facials and shaves. Further study of science includes chemical texture services and related topics. Upon completion, students should be able to safely and competently apply barbering concepts in the shop setting.

*Pre-Registration for classes end one week prior to class start date.*
Barefoot Gypsy $46.50
06/02-07/07 6:30pm-7:30pm Tuesday
07/21-09/01
This fun and challenging course is great for everybody, shape, size and age! Connect with your body and your fellow dancers and find out why this dance style is so entrancing!

Basic Computer Skills Boot Camp
05/04-06/01 1:00pm-4:00pm Mon.-Thurs.
06/02-06/25 9:00am-12:00noon
This course introduces computer concepts, including fundamental functions and operations of the computer. Topics include identification of hardware components, basic computer operations, security issues, setting up email addresses, surfing the web, using the internet and use of software applications. Upon completion, students should be able to demonstrate an understanding of the role and function of computers and use the computer to solve problems.

Basic Sewing $41.50
05/02-06/06 8:00am-12:00noon Saturday
Learn to sew, basic techniques of clothing construction, sewing for the home, and creating unique gifts. Learn about fabric and pattern selection, pattern layout, construction methods, plus how to understand and safely use a sewing machine, and factors in the selection of your sewing machine.

Belly Dance $46.50
06/02-07/07 5:30pm-6:30pm Tuesday
07/21-09/01
This class gives you the understanding of basic belly dance technique, posturing, language, move execution and it helps you to build necessary strength. Slide, sway, shimmy and sweat in this core-intensive, creative and fun introduction to Belly Dance! This class is designed to build strength, balance, flexibility, endurance, muscular control and whole body awareness while breaking down basic belly dance movements, drills, shimmies, percussive hip work, core strengthening exercises and dance combinations. Belly Dancing is appropriate for all levels of students from beginner to professional. Please wear comfortable clothing that allows for ease of movement.

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Computer Skills for Employment
06/02-07/23  6:00pm-9:00pm  Tues & Thursday
08/03-08/27  9:00am-12:00noon  Mon.-Thurs.
08/03-08/27  6:00pm-9:00pm  Mon.-Thurs.
This course is designed to provide the fundamental computer competencies you need to survive and prosper in today's fast-changing workplace. You will learn how to implement the powers of modern office software to work faster and more efficiently. We'll focus on practical application for software most common to the workplace. When you finish this course, you will have learned why employers consider technological literacy so critical to the success of any organization.

Effective Teacher Training  $71.50
06/06-06/27  9:00am-3:00pm  Saturday
07/06-07/29  6:00pm-9:00pm  Monday & Wednesday
08/01-08/22  9:00am-3:00pm  Saturday
This course provides specialized training using an experienced-based approach to learning. Topics include instructional preparation and presentation, student interaction, time management, learning expectations, evaluation, and curriculum principles and planning.

Fitness for Seniors  $46.50
05/18-07/30  8:00am-9:00am  Mon. Wed. & Thurs.
Our Fitness for Seniors program offers daily NEVER 2 LATE classes that are designed for individuals 60 years of age and older, new to fitness, returning from an injury, beginning an exercise program, or who simply need, or want, a lighter approach to exercise.

Introduction to Healthcare Careers
07/06-07/29  8:00am-12:00noon  Monday-Thursday
07/06-07/29  6:00pm-10:00pm  Monday-Thursday
This course provides employability skills training for unemployed and underemployed adults. The curriculum framework is based on a specific occupation and includes one or more of the following topics: 1) career exploration, 2) entry-level competency awareness, 3) employability skills [soft skills], 4) job search strategies and 5) college-readiness skills. This course must be linked to an occupational course or a career pathways program at the college.

*Pre-Registration for classes end one week prior to class start date.*
Notary Public
05/16-05/16  9:00am-4:00pm  Saturday
06/20-06/20  9:00am-4:00pm  Saturday
07/11-07/11  9:00am-4:00pm  Saturday
08/03-08/05  6:00pm-9:30pm  Monday & Wednesday
This course is designed to provide instruction to individuals who want to become commissioned as a Notary Public. Topics include legal, ethical and procedural requirements of the Notary Act. Upon completion of this course with a passing exam grade of 80%, a person is eligible to make application with the NC Secretary of State office. For more information, go to www.secretary.state.nc.us/notary.

Nurse Aide I
05/18-07/28  9:00am-1:00pm  Monday-Wednesday
James Sprunt Community College’s allied health program is offering training for students seeking to become a nurse’s aide. The Nursing Assistant Program is designed to provide students with the hands-on training necessary to offer high-quality care to patients while working alongside other qualified health care professionals. Students training will be accomplished by lecture in the classroom and laboratory instruction. Once students are prepared through theory and practice they will receive training on-site in nursing home and/or hospital settings. Once classroom, laboratory and clinical training is successfully completed the student will be prepared to apply for and take the National Nurse Aide Assessment Program (NNAAP) and become listed on the North Carolina Nurse Aide I Registry.

Pharmacy Technician
05/05-08/04  6:00pm-10:00pm  Tuesday & Thursday
This course is designed to provide instruction in the technical procedures for preparing and dispensing drugs in the hospital and retail settings under supervision of a registered pharmacist. Topics include drug packaging and labeling, out-patient dispensing, hospital dispensing procedures, controlled substance procedures, inventory control, and non-sterile compounding. Upon completion, students should be able to perform basic supervised dispensing techniques in a variety of pharmacy settings.

$71.50 + cost of book

*Pre-Registration for classes end one week prior to class start date.*
Physical Conditioning 1, 2 & 3

$56.50

05/18-07/30 4:00pm-5:00pm  Mon. Wed. & Thurs
5:10pm-6:10pm
6:15pm-7:15pm

Fitness and Wellness offers a variety of fitness and physical conditioning classes that are designed to advance the overall health of the student. Emphasis is placed on learning appropriate exercise techniques as well as general wellness principles. Some courses include in the Fitness/Physical Conditioning program are total fitness, yoga, body flexibility, and adult lifestyles exercise.

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