

“The Peak” PRESENTS:

“WELCOME BACK!!!”

Volume 1, Issue 1  
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## DIRECTOR'S CORNER

Greetings,

*Welcome to new and re-  
turning students. We look  
forward to a successful year.*

It is a wonderful time of the year as you return to school and begin a new academic year in your respective schools.

**Orientation for all Upward Bound (UB) Program students will be held on Saturday, September 12, 2009 and you are expected to be present.** You are encouraged to take advantage of the academic, cultural enrichment, and other support services provided for your educational enhancement. Please be reminded that

regular attendance at scheduled sessions award you the opportunity to receive full benefits offered by the UB program.

Please peruse this issue of *The Peak* for important messages and updates from the Upward Bound Coordinator and staff. We trust that this issue of the Pathfinder will *broaden your horizon*, and we look forward to seeing you soon.

*Best Wishes,*

*Shirley F. Price*



*James Kenan  
High School*

+

*East Duplin  
High School*

+

*North Duplin  
High School*

+

*Wallace - Rose Hill  
High School*

*= A child only educated at  
school is an uneducated child.*

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Special points of interest:

- **STUDY HARD!!!**
- **TRY TO STAY RELAXED & FOCUSED!!!**
- **ATTEND ALL CLASSES DAILY!!!**
- **OBEY YOUR TEACHERS & STAFF!!!**

**MOST OF ALL:**

- **ALWAYS DO YOUR BEST!!!**

## A SPECIAL “welcome”

*We, the Staff of the Upward Bound Program, would like to extend a hearty welcome to all the students of the program for this academic year. We hope that the academic sessions that you will attend will be very useful within your studies at your particular high school. We look forward to the continuation of working with you throughout the semesters with an extension into our summer program. Thank you for your attendance & dedication. Your presence does not go unrecognized. We appreciate all of your willingness to be apart of a program that shall help make a difference within your present & future lives.*



**YOUR BRIDGE  
TO SUCCESS**

## From the desk of princess raines...

I would like to welcome all of the returning students to the Upward Bound Program for 2009-2010 school year.

Please be reminded that you are expected to attend all UB Saturday sessions, scheduled tutoring sessions, and cultural enrichment activities. You will also be required to attend the six-week program in the summer as well. Please make contact with your Pre-College Advisor at your school. I ask that you take full advantage of all the services and that Upward Bound provides such as tutoring. Your success in Upward Bound depends on your commitment to the program and to yourself. Please continue to strive for excellence in everything that you do and participate in. I look forward to assisting you to obtain the goals that you have set for yourself. **I know we'll have a wonderful school**

year working together with you, your teachers and your parents.

Tips to start the school year right:

(students/parents)

Create a good place to study. Whether it's a desk in a bedroom or the kitchen table, a study area should be a place where students can concentrate with few interruptions.

Communicate expectations for the year. Tell your children what you expect this year, go over their successes from the past year, and talk to them about what they could work on and what you are willing to do to help.

Review your children's schedules

for the coming year. Make sure they have supplies for classes and activities.

Talk to your teen about time management. Have him or her create a school schedule, allowing time for everything from sports practice to homework—and some free time as well.

High school students can make a plan for investigating and applying to colleges.

Create a "high school calendar" for the year to keep on track, using ACT's [college planning checklist](#). High school juniors and seniors need to know what's in store for them as far as test and application deadlines, teacher recommendations and other paperwork.

## From the desk of the technology assistant...

*Welcome Back,*

*"Greetings" to all the students of the Upward Bound program. I want to personally give you a hearty welcome back to the Academic Year of more hard work, striving for success, succeeding in your classrooms, and keeping as well as giving all the respect to others that is well deserved. I hope you have one of the greatest years of your high school education. Congratulations on making your grade & I look forward to an exciting year with all of you.*

*"...striving for success, succeeding in your classrooms..."*

*Garrett Owens*

“success???”...

*The thing always happens that you really believe in;*

*And the belief in a thing makes it happen.*

*Frank Lloyd Wright*

*The talent of success is nothing more than doing what you can do, well.*

*Henry W. Longfellow*

## From the desk of brian jones, pre-college advisor...

Hello & Welcome Back!

It is great to have everyone back for another academic year in Upward Bound! We hope that you are excited about the activities we have planned for this upcoming year. The UB staff has been busy preparing a calendar for you that we hope will meet both your **academic and cultural desires**. I think you'll find our workshop speakers to be interesting and our trips enlightening. However, most importantly we have put together a top-notch group of instructors & tutors that will provide you with academic assistance throughout the school year. Remember that you can only get out of Upward Bound what you put into it. Therefore, be sure to take full advantage of the free services

we provide!

We will be holding a senior seminar class during our Saturday sessions for all our 12<sup>th</sup> graders. During this time we will assist our seniors with college applications and scholarship searches. In the meantime, make sure you are deciding which colleges you want to apply to and begin working on the applications. Feel free to ask us any questions that pertain to college. Any member of the staff will be more than glad to assist you with this process. Also, share with your parents that they can contact us anytime they have questions regarding college. We want to celebrate with you when those college acceptance letters come in the mailbox!

In conclusion, I challenge each Upward Bound student to expand your boundaries and become the very best student you can be!

Sincerely,

C. Brian Jones

Pre-College Advisor

## From the desk of lee Williams, pre-college advisor...

I first want to welcome each of our participants back for another year of Upward Bound. I hope you enjoyed your summer break and that you are ready to work hard in school. I trust that you will take advantage of all the services that we have to offer.

To our seniors, I want to remind you to make sure you begin to complete college

*"...take advantage of all the services that we have to offer ..."*

admission application for early decision. To our juniors, I want to remind you to register early for the S.A.T. or the A.C.T

**I'm looking forward working with all**

our participants this year and I high expectations for all of you. I'm at James Kenan High School on Tuesdays & Thursdays in the **media center**. I'm at North Duplin High

School on Wednesdays in the school resource officer room. Please come see me if you are having any problems. I **cannot help if you don't let me know**.

Lee Williams

*"The roots of education are bitter, but the fruit is sweet."*

*By Aristotle*



## FROM THE DESK OF NFASSORY KAKE... (THE KYOTO BOX)

The Kyoto Box is made from cardboard and can be used for sterilizing water or boiling or baking food.

The Kenyan-based inventor hopes it can make solar cooking widespread in the developing world, supplanting the use of wood which is driving deforestation.

Other finalists in the \$75,000 (£51,000) competition included a device for streamlining lorries, and a ceiling tile that cools hot

rooms.

Organized by Forum for the Future, the sustainable development charity founded by Jonathan Porritt, the competition aims to support concepts that have "moved off the drawing board and demonstrated their feasibility" for reducing greenhouse gas emissions, but have not gained corporate backing.

"The Kyoto Box has the potential to transform millions of lives and is a model of scalable, sustainable innovation," said Peter

Madden, the forum's chief executive.

It is made from two cardboard boxes, which use reflective foil and black paint to maximize absorption of solar energy.

Covering the cooking pot with a transparent cover retains heat and water, and temperatures inside the pot can reach at least 80C.

As many as two billion people in the world use firewood as their primary fuel.



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**TO THE PARENTS:**

**THANK YOU FOR ALL THE SUPPORT WITHIN YOUR CHILD & OUR PROGRAM!**



YOUR BRIDGE  
TO SUCCESS

*Upcoming Events & Activities*

- *Sept. 12 - Orientation Session*
- *Sept. 26 - Saturday Academic Session*
- *Oct. 3 - Saturday Academic Session*
- *Oct. 13 - After-School Tutorial  
(Wallace-Rose Hill High School)*
- *Oct. 17 - Saturday Academic Session*



*Happy Birthday!!!*



*September*

*\*\*Garrett Owens 12*

*October*

*Judith Lopez 6*

*Jakeda Kenan 7*

*Xavier Pickett 13*

*Zaqweesha Hill 17*

*Priscilla Parker 25*

*Tyrian Matthews 27*

*\*\*Upward Bound Staff*

*Hali Jones 28*

*Best Wishes to you on your special day!*

*Wish you many more to come!*

**Look Us Up:**

<http://www.jamessprunt.edu/UpwardBound.html>